

## NEWS OF HEALTH

### Improving Military Health Care

(NAPS)—You may recognize her face from the televised briefings she sometimes held during Operation Iraqi Freedom. Now, retired U.S. Army Brigadier General Becky Halstead—the first woman in U.S. history to command in combat at the strategic level—is making news in other ways.

She's speaking out on the value of chiropractic care for the nation's military men and women. Currently, such treatment is



**U.S. Army Brigadier General Becky Halstead.**

available at about 25 percent of military treatment facilities, and Halstead would like to see it greatly expanded.

The West Point graduate says the “adjustments” and nutritional advice she received from a chiropractor helped treat her fibromyalgia, a condition characterized by chronic pain, and made her feel better on a day-to-day basis.

Chiropractic care is an “essential part of not only preventing more serious health concerns, but also assisting in the recovery from strains and other injuries,” Halstead says.

She now serves as spokesperson for the Foundation for Chiropractic Progress, a not-for-profit organization dedicated to increasing awareness for chiropractic care. You can learn more at [www.yes2chiropractic.org](http://www.yes2chiropractic.org).

### Did You Know?

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